



## Ultrasound

1. You can take oral medications with a small amount of water
2. If you are diabetic, you may have a piece of dry toast and one glass of juice before morning exam
3. No smoking or chewing gum for abdominal US
4. No scented product in hospital

	<b>Stop eating and drinking After midnight</b> 4-6 hours before exam if in the afternoon *Water still OK	<b>Drink 4 large glasses of water (~32 oz)</b> Finish drinking at least one hour before the exam Stop voiding if possible until instructed to do so
<b>Abdominal</b> liver, spleen, gallbladder, pancreas, kidneys, abdominal aorta	✓	N/A
<b>Pelvic</b> transabdominal and transvaginal exam of bladder, uterus and ovaries in women, transabdominal exam of bladder in men	N/A	✓
<b>Abdominal and Pelvic</b> please complete both preparations	✓	✓